

CATCH THE CLUES



Part of the Social Savvy™ Series

POISED & *Proper*

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Clock Check

- **Cue:** They keep glancing at the clock.
- **Task:** End the convo politely.
- **Twist:** Do it in under 10 words.



Backpack Grab

- **Cue:** They're zipping up their backpack.
- **Task:** Say a quick exit line.
- **Twist:** Add "good luck" or "see you later."



One-Word Replies

- **Cue:** They start answering with “yep” or “ok.”
- **Task:** Wrap it up without dragging on.
- **Twist:** Bonus if you thank them.

Cue Decoder

WHAT SIGNALS ARE YOU SEEING?

When people are ready to wrap up a conversation, they often give clues without saying it directly. The more you notice these, the easier it is to adjust and exit smoothly.

Verbal Cues

Listen for words and phrases that hint they need to go:

- “I’ve gotta head to...”
- “I need to finish...”
- “I’m going to get back to...”
- Short, one-word answers
- No follow-up questions

Body Cues

Watch for changes in posture and movement:

- Glancing away or checking their phone/watch
- Starting to pack up or gather things
- Fidgeting or shifting weight
- Stepping back from you
- Turning their body away
- Crossing arms or closing posture

Situation Cues

Pay attention to what’s happening around you:

- Bell rings or class ends
- Teacher calls attendance or gives instructions
- Coach starts a huddle or team drill
- Lunch line starts moving
- Friends you’re with start walking away

Green / Yellow / Red

Not all cues mean the same thing — some say “keep going,” some say “wrap it up,” and some say “end now.”

- **Green:** relaxed eye contact, open posture → keep going
- **Yellow:** shorter replies, checking the time → wrap soon
- **Red:** “I need to go,” walking away → end now

Cue Check

COLOR CODE THE SIGNALS

Not every message is said out loud. People often give clues when they're ready to wrap up a conversation. Knowing how to read those signals—and act on them—shows maturity, respect, and awareness. Read the scenarios below to test your skills.

Questions:

- 1 **Read each example** and decide if it's a Green, Yellow, or Red cue. **Green means** keep going, **Yellow means** wrap soon, and **Red means** end now.

SCENARIO	 GREEN	 YELLOW	 RED
They're standing with open posture, nodding, and asking you follow-up questions.			
They say, "I should get back to my homework."			
They glance at the clock but keep making eye contact.			
They start putting their notebook into their backpack while you're talking.			
The bell rings and everyone starts lining up at the door.			

The 3 Beat Exit

NOTICE → NAME → NAVIGATE

Ending a conversation well isn't just polite—it's a social skill people remember. The 3-Beat Exit helps you wrap things up smoothly so it doesn't feel rushed or awkward.



01

Notice: Spot the cue that it's time to wrap up.

- "Looks like you've got to run."
- "I can see you're getting ready to go."



02

Name: Clearly say you're ending the conversation.

- "I'm going to let you get back to it."
- "I should get going."



03

Navigate: Give the next step or end on a positive note.

- "Let's finish this after practice."
- "I'll text you later with the details."
- "It was nice chatting, see you later."